



Allergies and food intolerance Policy

Before a child starts at our preschool, parents/carers are asked if their child has any known allergies or food intolerance. This information is recorded on the registration form, and parents are given an Allergy Notification form to complete.

On going discussions must take place with parents/carers and where appropriate with health professionals to develop allergy action plans for managing any known allergies and food intolerances. This information must be kept up to date on a child's registration form and allergy Notification form and then shared with all staff.

All staff are aware of the symptoms and treatments for allergies and anaphylaxis and the difference between allergies and food intolerances and complete annual training on allergies, anaphylaxis and administering Auto immune injectors (EpiPen). Our preschool has two EpiPen Junior (0.15mg) Adrenaline auto-injector devices stored in our medicine box in case of an emergency.

- If a child has an allergy or food intolerance, a risk assessment form is completed with the following information:
 - the risk identified – the allergen (i.e. the substance, material or living creature the child is allergic to such as nuts, eggs, bee stings, cats etc.)
 - the level of risk, taking into consideration the likelihood of the child coming into contact with the allergen
 - control measures, such as prevention from contact with the allergen
 - review measures
- Health care plan form must be completed with:
 - the nature of the reaction e.g. anaphylactic shock reaction, including rash, reddening of skin, swelling, breathing problems etc.
 - managing allergic reactions, medication used and method (e.g. EpiPen)
- The child's name is added to the Dietary Requirements / allergy list. All staff aware and in Kitchen cupboard.
- A copy of the risk assessment and health care plan is kept in the child's file in the medicine/accident folder and is shared with all staff and is also kept in the Food Allergy and Dietary Needs file.
- Parents/carers show staff how to administer medication in the event of an allergic reaction and complete all relevant paperwork
- We operate a no nuts or nut products are used within the setting, and this is communicated to parents when they start at our preschool.

Oral Medication

- Oral medication must be prescribed or have manufacturer's instructions written on them.
- Staff must be provided with clear written instructions for administering such medication.
- All risk assessment procedures are adhered to for the correct storage and administration of the medication.
- The setting must have the parents/carers' prior written consent. Medication consent paperwork is kept on file.