

## Hand Washing Policy

Brize Norton Village Preschool aims to keep children happy and healthy by supporting the children to understand the importance of hand washing. Good hand hygiene is the most effective way of preventing transmission of Infection, and staff will support children in using the proper technique for hand washing.

- Hand washing facilities are available in each of the toilets and food preparation areas.
- Children can avail of the hand washing facilities when they need and they will be encouraged and supported to practice this new skill.
- Staff will encourage children to wash their hands after using the toilet, before eating any food, sneezing or coughing and after playing outside

Handwashing should be performed as follows:

- Wet hands under cold running water to wrist level
- Apply liquid soap. Lather it evenly covering all areas of the hands for at least 20 seconds. Include the thumbs, finger tips, palms and in between the fingers, rubbing backwards and forwards at every stroke
- Rinse hands off thoroughly under cold running water
- Dry with paper towel using a patting motion to reduce friction, taking special care between the fingers
- Dispose of the disposable paper towel in a waste bin

### Our handwashing song:-

Wash, Wash, Wash Your Hands (Sing to the tune of "Row, Row, Row Your Boat")

Wash, wash, wash your hands,

Play our handy game.

Rub and scrub and scrub and rub Germs go down the drain

Rub and scrub and scrub and rub Good and Clean

This Policy was adopted by: Brize Norton Village Preschool

On: 4th August 2025

Date to be reviewed: August 2026

Signed on behalf of provider: \_\_\_\_\_

Name of signatory: M.Dix

Role: Chair of Preschool Committee